







ear friend, "Fresh start" devotional is a transformative resource designed to provide readers with daily inspiration and guidance as they start or continue in their walk with God. The devotional is specifically crafted to help individuals establish a personal connection with the Holy Spirit by providing fresh insights into well-known biblical passages. By actively engaging the devotional, readers will discover renewed hope and a revitalized perspective on their relationship with God.

The "Fresh Start" Bible Devotional focuses on fostering personal growth, maturity, and transformation in readers' life journey. It offers foundational teachings, character formation, personal and transformation growth. It encourages growth, and provides tools for goal setting and progress tracking. It also recommends additional resources for further study. Through this, readers will embark on a purposeful and intentional path of life development, equipping them to grow in their faith, live out biblical principles, and become transformed individuals who reflect the love and grace of God in their daily lives.

Get ready for an awesome moment of refreshing.

### **VISION**



When there is no clear prophetic vision, people quickly wander astray. But when you follow the revelation of the Word, heaven's bliss fills your soul. (Proverbs29:18 TPT)

Whenever we talk about Vision, we always have one or both of these two definitions in mind - Vision is the ability to see It also means the ability to think or plan the future.

One of the most common things in this 21st century is that towards the end of the year or at the beginning of the year everyone is either writing their New Year resolution or their visions for the New year. Many people (believers included) often make visions from the physical realm and we then try so hard to power it with our own strength. As believers we need to understand that God created us and He alone knows our beginning and our end. Rather than trying to make visions and power them by your own might, why don't you go to the one that has the script of your life and inquire of Him what He wants you to do this year. God knows about you, what you are meant to do and where you are meant to be per time.

apostle Paul in Ephesians 1:18 spoke on this emphasizing on the ability to see and know.

Let me end on this note, when you go on a journey on your own, you will bear the cost, but when God sends you on a journey, He pays the cost, provides security and grace.

Have a blessed day!

Prayer point

Lord, grant me the vision to see as You see and the wisdom to plan according to Your divine purpose. (Proverbs 16:3)

Confession

"I trust God's vision for my life. In Him, I find purpose, security, and grace." Proverbs 3:5-6



### **GOALS SETTING**





And Jehovah answered me, and said, Write the vision, and make it plain upon tablets, that he may run that readeth it. **Habakkuk (ASV)** 

In one of the devotional topics for this month, we talked about vision. Now when God gives you a vision He may only show you the end. He may show you what the finished product is going to be like and then He brings you back in time so that you can work towards achieving the vision.

One of the things that is associated with vision is goal setting. Goal setting is you breaking down the vision in order to make it achievable.

Let's say your vision for the year is to build a house, you have to break it down into goals which will include buying a land, getting all the necessary paperwork and building permits, getting an architect to draw up a build plan and getting a civil engineer. Then when it comes to the building itself, you start with doing a soil test, laying the foundation before you start laying bricks upon bricks, then the roofing before we now come to the interior aspect. One of the things about goal setting is that it ensures that we always keep focus, secondly it helps us to track our progress.

#### How do we set goals:

- 1) Write the vision down: I know some people are born with very high IQ and some even have photographic memory, but let me tell you "nothing remembers better than a pen and paper"
- 2) Break the vision down in to small units
- 3) Ensure that there is a timeframe attached to all the small units you have broken and vision into. Goal setting is what makes every vision attainable.

Have a blessed day!

#### Prayer point

Help me prioritize goals according to your divine purpose. (Proverbs 19:21)

#### Confession

I confess God's wisdom guides my goals. I trust His timing, and with perseverance, I embrace challenges. (Romans 8:28)



## A PLACE OF SEPARATION



"Therefore go out from their midst, and be separate from them, says the Lord, and touch no unclean thing; then I will welcome you." (2 Corinthians 6:17)

Separation means setting yourself apart, a special place where division occurs and things change. Separation is just not isolation but keeping a distance from certain things. Separation isn't a public thing; it's more like a private school with only one student where we get ready for something important. When God separates us from the familiar, it's like the opening act before something truly special. He is setting the stage for great things to happen—unleashing a transformation that goes beyond the ordinary and leads to self-discovery (Jeremiah 29:11).

We often see amazing things in the Bible, like David becoming a king or Elijah's big showdown with the prophets of Baal. But what we might not notice is the tough times they went through before the big moments.

Most times, we do not choose to enter the place of separation. We just find ourselves there and it can be one of the most painful things to experience especially when you lose friends and loved ones in the process (Job 42:10). When God calls us to spend some time away with Him, it can feel a bit hard, like we're being pulled away from what we're used to

In the stories of amazing things God did, the part about separation is like a hidden chapter. So, when we look at the big, fantastic moments, let's also remember the times when things seemed tough and how those were actually steps toward something amazing. Choosing to spend time away with God is like saying we believe there's something really good waiting for us, even if it's a bit hard right now.

#### **Prayer Points**

Pray for endurance and joy during challenging times of separation (James 1:2-4)

#### Confession

I trust the Lord's plan and purpose during times of separation. I will have joy and endurance in the journey, knowing that God is orchestrating something extraordinary for my life. Amen.



# DARE TO LEAD PRAYER HOUR

Be strong and courageous. Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go. (Joshua 1:9)

Leadership encompasses the ability to guide or influence a group of individuals. While some individuals inherently possess leadership traits, others may find themselves in leadership positions unexpectedly. This was the case for Moses. He gave a plethora of excuses why he should not be the one God should choose to lead Israel. He saw himself as unfit to stand up to Pharaoh. He said he couldn't speak well. He was afraid the Israelites would not listen to him. He eventually became an enduring example of great leadership after more than 4000 years.

Although we might not need to fight an oppressive ruler or split open the red sea, we need to be courageous like God commanded in **Joshua 1:9**. "Be strong and courageous. Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go."

In the realm of leadership, daring to lead is not merely a call to action; it's a commitment to embrace vulnerability, cultivate resilience, and inspire innovation. True leaders understand that courage is not the absence of fear, but the triumph over it.

#### **Prayer points**

Ask for guidance from God when facing self-doubt and feelings of unworthiness. Pray for the spirit of power, love, and self-control in your leadership. (2 Timothy 1:7)

#### Confession

I receive the spirit of power, love, and self-control from God. Fear has no dominion over me, and I lead with confidence and compassion. (2 Timothy 1:7)

Daily Bible Reading: 2Cor. 5



Join Us Online On MONDAYS - FRIDAYS 5:50am W.A.T Go Rev Sam Oye

# DON'T FIGHT YOUR FUTURE



I alone know the plans I have for you, plans to bring you prosperity and not disaster, plans to bring about the future you hope for. (Jeremiah 29:11 GNT)

From our anchor scripture, we can see that only God knows about you. He understands who you are and who you are meant to become. We have often heard the statement, "Your future is in your hands." This statement is partially true because the future in your hands is what God has revealed to you in the form of vision or passion. As a result of this statement, many people have consciously or unconsciously rebelled and fought against God's plans for them.

You may be wondering how you can fight your future. Let's take a look at some ways:

**Outright Rebellion:** This occurs when we know God's plans for our lives but choose not to follow them. A biblical example is the story of Jonah. Despite knowing about God's plans, Jonah decided to be rebellious and do things his own way. This not only led to him spending three days in the belly of a fish but also caused harm to those around him. Fighting God's plan for your life is costly, impacting not just you but also those in your sphere (Jonah 1:1-17).

**Ignorance:** This involves knowing nothing about God's plans for our lives and living life on our own terms. It's crucial to recognize that we didn't create ourselves; God created us with a specific plan and purpose.

Have a blessed day!

#### **Prayer Points**

Pray for mercy and repentance if you've rebelled against God's plans. Ask for the grace to align obediently with His purpose. (Proverbs 3:5-6 NIV)

Pray to know and understand God's plans for your life. Seek His guidance in making decisions that align with His purpose. (Jeremiah  $29:11\ NIV$ )

#### Confession

My future is in God's hands, and I choose to align obediently with His plans. I repent for any rebellion and seek His guidance for a purposeful life. (Psalm 32:8)



# DON'T FOLLOW YOUR FEELINGS



What you think is the right road may lead to death. Proverbs 14:12 (GNT)

One prevailing phrase in recent times is "follow your heart." As a believer, understanding that various voices influence us is crucial. These include God's voice, the devil's, and our emotions. To navigate life effectively, two key aspects are indispensable:

- · Personal Knowledge of God: Beyond religious activities, cultivate a genuine relationship with God. Attend church and Sunday school, but intimacy with your heavenly Father is paramount.
- · Spirit of Discernment in the Last Days:

Discernment, biblically, involves understanding through the Holy Spirit's power. Distinguishing between God's voice and emotions is vital; the Holy Spirit guides us.

Living life solely based on emotions is perilous in this dispensation. Emotional decisions, while seemingly rational, can lead to destruction. Opt for Spirit-led decisions (Isaiah 30:21), as the Holy Spirit is ever ready to guide. A lot of believers have not been able to discern between the voice of God and the voice of their emotions. They often mix up the two voices because the voice of God sometimes comes as the inner witness or a still small voice.

Developing the ability to hear and discern God's voice involves:

- · Constant Awareness of the Holy Spirit's Presence: Acknowledge the Holy Spirit's constant guidance within.
- · Listening During Prayer: Prayer is a dialogue; be attentive to God's responses, not just monologues.
- · Read and meditate on the Bible for a deeper understanding of God's voice, don't just read the Bible like a newspaper or a novel, when you read the Bible also meditate. Meditation is the way God speaks to us through His word.

God may speak to you through other means, however, no matter what means God uses to speak to you, it will always be in line with His word. God's voice will never contradict God's word.

Have a blessed day!

#### **Prayer Points**

Lord, empower my discernment to distinguish Your voice clearly in every situation. (Hebrews 5:14)
I ask that you. deepen my relationship with You, that I may hear and follow Your guidance.(James 4:8)

#### Confession

"I am mature in discernment, constantly drawing near to God for His guidance. Amen." (Hebrews 5:14, James 4:8)



# BUILDING YOUR RELATIONSHIP WITH GOD



Move your heart closer and closer to God, and he will come even closer to you. But make sure you cleanse your life, you sinners, and keep your heart pure and stop doubting. (James 4:8 TPT)

God created man for the sole purpose of relationship, and the kind of relationship God had in mind was not a Master-servant relationship but a Father-son relationship. God is our Father, and we are His sons and daughters. And just like every parent, God loves us and yearns to speak with us every day.

Like every relationship we have, with your spouse, friends, family, business partners, coworkers, etc., every one of these relationships is built; it doesn't just fall from the sky. So also it is with God; we have to make a conscious effort to build our relationship with Him.

How do you build your relationship with God?

- 1) Make up your mind and make a decision to stand for God and have a relationship with Him.
- 2) Repent from all evil ways, take a  $180^{\circ}$  turn towards God and leave all worldly lifestyles.
- 3) Have a dedicated time you meet with God to spend talking and listening to Him every day.
- $4)\,Don't\,for sake\,the\,gathering\,of\,fellow\,believers.$

As you draw close to God, you will find that He is much closer to you.

Have a blessed day!

#### **Prayer points**

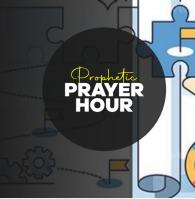
Ask for the resolve and decision to stand for God and cultivate a deep relationship with Him. (Joshua 24:15)

#### Confession

I renew my commitment to building a strong relationship with God, seeking Him daily and turning away from any sinful path. (Psalm 119:10)



## STRUCTURE, STRATE & PROCESS



Ask the Lord to bless your plans, and you will be successful in carrying them out. Proverbs 16:3 (GNT)

For every successful individual or business you see, there must be focus, commitment, consistency and above all planning. Planning is the backbone of every success you see. Without proper planning failure is inevitable.

Our Lord Jesus Christ taught us about the importance of planning in **Luke 14:28-32.** He lets us know planning is very important irrespective the area of our lives. Most of us only make plans when it comes to our business and careers, we need to also plan to grow spiritually. Plans to skill up, plans to advance the kingdom, plans for your family, plans for your children etc. Every area of your life should have a plan, don't live life with the mindset, "tomorrow will take care of itself".

For every plan to be successful it must have these 3 components:

- 1) Structure is the construction or arrangement according to a plan;
- 2) Strategy is a plan of action designed to achieve a long-term or overall aim.
- 3) Process is a series of actions or steps taken in order to achieve a particular end.

Note however, whatever plans you make, always remember ensure your plans align and are at the center of God's will for your life. Also, commit all your plans unto God's hands because, as humans we are limited and everything we do including our plans are limited, but God is unlimited.

Have a blessed day!

#### **Prayer** point

Grant me wisdom to structure, strategize, and process with faith. (James 1:5)

#### Confession

I Confess: With God's guidance, my plans align with His purpose. (**Proverbs 16:3**)



# BUILDING A SYSTEMATIC PRAYER LIFE



Rejoice always and delight in your faith; be unceasing and persistent in prayer. (\*\*1 Thessalonians5:16 -1 7AMP)

The Bible tells us to pray constantly and consistently. Not praying once in a while, or praying for 6 hours today and the next time you pray is in 3 months' time!

Prayer needs to be consistent because prayer is our means of communication with God. As we all know, communication is an integral part of any relationship. Through communication, both parties talk about their feelings, their needs, their challenges and plans.

Most importantly, communication helps build a stronger relationship and trust.

These are the same things prayer does. That is why prayer is important and must be consistent. In order to build a systematic prayer life:

- 1) Make up your mind on the time you want to pray daily; Early hours of the day between 1am-5am is a great idea (so you can join PPH by 6am).
- 2) Always set an alarm and ask the Holy Spirit for help. I guarantee you will wake up by that time to pray.
- 2) Curb every distraction. Turn off your phone and find a quiet place to communicate with God.
- 3) Stay focused and let your prayers be heartfelt.
- 4) Pray more with the scriptures and in the Holy ghost.

Have a blessed day!

#### **Prayer Points**

Pray for Disciplined Consistency to pray. (Psalm 5:3)
Pray for Focused Communion and the ability to eliminate distractions during prayer (Matthew 6:6)

#### Confession

I declare my unwavering commitment to a life of persistent prayer, anchored in sincere communion with God. (Philippians 4:6)



## DON'T WORRY GOD IS IN CONTROL





"Give your entire attention to what God is doing right now, and don't get worked up about what may or may not happen tomorrow. God will help you deal with whatever hard things come up when the time comes.

Our Lord Jesus asked a very important question in **Matthew 6:27**—a question we need to meditate on. Getting worried about things never solves them; rather, in most cases, it tends to make things worse. When you are worried, your mind is not right, and you can't function at full capacity. This could lead to making mistakes or doing something that could be damaging and irreversible.

God knows you will go through challenges; He knows you don't have money to pay rent and school fees; He knows about your needs. But He wants you to come to Him and hand them over to Him (1 Peter 5:7).

Leave all your worries with Him, because He cares for you. He wants to help you take care of those things that are troubling you and He has promised that He will never leave you nor forsake you.

Always remember this whenever you start worrying, God is the one in control, not your problem or whatever situation you may find yourself in. Also, remember that God loves you and is always right beside you to guide you in the journey of life.

Have a blessed day!

#### **Prayer Points**

Pray for the strength to release all worries and concerns to God, trusting in Him Matthew 6:27
Pray to trust in God's care, knowing that He wants to help and carry your burdens. 1 Peter 5:7

#### Confession

I choose to cast all my worries on God, I wholeheartedly trust in His care and guidance because I know that God is in control, and I choose not to worry, knowing that He loves me and is always beside me. **Psalm 55:22** 



### GOD KNOWS YOU DON'T





O LORD, you have examined my heart and know everything about me. You know when I sit down or stand up. You know my every thought when far away. You chart the path ahead of me and tell me where to stop and rest. Every moment you know where I am. You know what I am going to say even before I say it, LORD. **Psalm 139:1-4 (NLT)** 

A director of a movie topping the box office charts, is seeing the movie with some family and friends. He is not going to have all the emotional rollercoaster his family and friends would be going through while seeing the movie, because he has seen it all, even those things that happened behind the scenes that are not part of the movie.

This is the same way it is with God. He created us, He knows every bit about us, even to the minutest details. Those things we call secrets, God knows them all.

God knows our strengths and our weaknesses and if He didn't, then He would not have made the statement He made in **Matthew 11:28-30 MSB**. That is why the apostle Peter admonished us to cast all our cares upon Him **(1 Peter 5:7)**.

God knows you don't have all it takes to accomplish the task, but **He** has all it takes. That's why He wants us to depend and trust Him wholeheartedly. Each time He said, "My gracious favor is all you need. My power works best in your weakness." So now I am glad to boast about my weaknesses, so that the power of Christ may work through me. (2 **Cor.12.9 NLT**)

Have a blessed day!

#### **Prayer points**

I pray and release all my worries and concerns to God, acknowledging His omniscience and care. (1 Peter 5:7)

I ask for humility to rely on God's strength in times of weakness and insufficiency. (2 Cor.12.9 NLT)

#### Confession

I trust in God's strength when faced with challenges, knowing His power works best in my weakness. (**Philippians 4:13**)



### GRACE FUELED RESILIENCE



But he said to me, 'My grace is sufficient for you, for my power is made perfect in weakness. (2 Corinthians 12:9 (ESV)

Resilience is the ability to "bounce back" from tough situations. It is the ability for a material to resume it's shape after being stretched.

The thing is how can a man have the resilience to go through life's difficulties without being destroyed emotionally in the process?

The Bible tells us about individuals that face life's adversity but bounced back through God's unending grace. A prime example of resilience is Job. A man that refused to be defeated through loss, grief, and illness. (James 5:10-11)

No one going through the issues of life should think about doing it alone because by the arm of strength has no man prevailed. There's no way we can guarantee that life won't happen but we have an assurance that the grace of our Lord Jesus Christ, the love of God and the sweet fellowship of the Holy spirit will be with us always. (2 Corinthians 13:14)

Prayer point

Father, be with me in every situation I'm going through

I ask for the grace that fuels resilience because I don't want to go through life's issues alone

#### Confession

Even when I'm going through difficulties and tough situations, I will not think about doing it on my own. I will trust that the situation is temporary and believe that God's grace will help me go through it successfully.



### HOW TO RESET YOUR HEART





Ezekiel 36:26 (GNT) I will give you a new heart and a new mind. I will take away your stubborn heart of stone and give you an obedient heart.

At new birth, once we have given our live to Christ and confessed Him as our Lord and Savior, what is renewed is our spirit, while our soul and body remains the same.

This is one thing that devil keeps taking advantage of to weakening the believer, because the transformation of our heart and soul is not just a one of thing but sometimes that requires time and consistency.

Consistency is the major ingredient in the renewal of our heart, because before we gave our lives to Christ, we have had our various ways of doing things.

Now that we are in Christ we need to understand that immediately we gave our lives to Christ we were translated from one kingdom to another (Colossians 1:13-14) so now we need to learn and understand how things are done in this kingdom.

How can you reset your heart:

- 1) Constant study of God word: God's word is where we would find His laws and instructions for us
- 2) Meditation
- 3) Spending time with other believers

#### Prayer point:

grant me consistency in renewing my heart daily through Your statutes (**Psalm 119:5**) guide me in understanding the ways of Your kingdom. (**Psalm 25:4-5**)

#### Confession:

I am steadfast in keeping God's statutes, guided daily in His kingdom's understanding. Amen. (Psalm 119:5, Psalm 25:4-5)



### HOW TO TURN PRESSUE INTO PURPOSE



So we are convinced that every detail of our lives is continually woven together for good, for we are his lovers who have been called to fulfill his designed purpose.

As our faces are all different, so also our characters and personalities are also different, even identical twins don't have the same DNA nor character. While some people may say I work best under pressure, others would say they can't work under pressure, but whichever school of thoughts you are, I would like you to know that: first pressure is not bad and second, pressure is sometimes very necessary for us to move forward in life.

According to Newton's first law: An object at rest remains at rest, if in motion, remains in motion at a constant velocity unless acted on by a net external force. Newton went ahead to breakdown these force into 3: internal force, external force, and net force;

- \*An internal force is a push or a pull exerted by one's self.
- \*An external force is a force originating from outside an object rather than a force internal to an object.
- \*The net force on an object is the total force on an object. If many forces act on an object, then the net force is the sum of all the forces.

As humans we need that pull to help us achieve our goals, it could also be that we are complacent or just because we have achieved a certain level of success, we tend to be comfortable. So God uses those pressure as an important factor to give us the required pull or push we need to help us fulfill our purpose.

Have a blessed day!

#### **Prayer Points**

Pray for internal strength and resilience to face pressure, relying on the grace that comes from Christ. (Philippians 4:13)

Pray for divine guidance in handling external pressures (Proverbs 3:5-6)

#### Confessions

"I confess that pressure, whether internal or external, is not detrimental but a necessary force for my growth and progress. **Philippians 4:13 (NIV)** assures me, 'I can do all this through him who gives me strength.' I rely on God's strength to navigate through challenges and welcome the necessary push toward fulfilling my purpose."



### IF YOU WANT CHANGE ASK GOD TO LEAD



"Trust in the Lord with all your heart; do not depend on your own understanding. Seek his will in all you do, and he will show you which path to take." (**Proverbs 3:5-6)ESV** 

Let's start today's devotional with this bold statement "Always ask the Holy Spirit for help before taking any step in life." Why? Well, one of the main reasons we have the Holy Spirit is to guide us. Think of it like having a tour guide in a park, one thing we notice is that the tour guide always takes the lead while we follow. The guide knows the area well and helps us avoid mistakes or falling into a trap.

Similarly, the Holy Spirit knows everything about us—our past, present, and future. So, asking for His guidance is like having the best tour guide for our life's journey. (John 14:26)
Imagine walking through life with the Holy Spirit leading the way, making sure we don't stumble or get lost. It's not about being weak; it's about being smart and humble enough to admit we need help.

Now, let's talk about change. In **1 Chronicles 12:32**, there's a story about the children of Issachar who understood the times. They knew that changes in seasons had a purpose. Similarly, in our lives, every change—whether in our spiritual journey, work, or anything else—has a reason.

In **Isaiah 43:18-19**, the Bible encourages us: "Remember not the former things, nor consider the things of old. Behold, I am doing a new thing; now it springs forth, do you not perceive it? I will make a way in the wilderness and rivers in the desert."

Here, the assurance that only God can do a new thing is evident. Only the Creator has the power to initiate and bring forth a new chapter in our lives. It emphasizes that relying on our own understanding or past experiences may limit our perception of the incredible new things God is or c h e s t r a t i n g .

So, as we go through today's devotional, let's commit to asking the Holy Spirit for guidance in every step. Just like the children of Issachar, we want to understand not only the changes in our lives but also the purpose behind them. Trusting the Holy Spirit to guide us is like having the best map for the adventure of life.

#### **Prayer points**

Pray for the discipline to seek the Holy Spirit's guidance daily, acknowledging our need for His direction. (Psalm 143:8)

Pray for insight and openness to perceive and embrace the new things God is doing in your life. (Isaiah 43:19)

#### Confession

I declare that God will bring forth newness in my life, surpassing my understanding or past experiences. (Isaiah 43:18-19)



### **JOY OF MISSING OUT**



"But each one must carefully scrutinize his own work [examining his actions, attitudes, and behavior], and then he can have the personal satisfaction and inner joy of doing something commendable without comparing himself to another." (Galatians 6:4 AMP)

In the hustle and bustle of life, we often find ourselves caught in the comparison trap. The world bombards us with standards and benchmarks, leading to a constant race of keeping up with others. However, Galatians 6:4, offers us a refreshing perspective.

The verse encourages us to meticulously examine our own work, actions, attitudes, and behavior. Instead of measuring ourselves against others, we are called to focus on our personal journey. This scrutiny isn't meant for self-criticism but for self-awareness.

The true joy lies not in surpassing others but in recognizing your personal progress and growth. This inner joy becomes a constant companion on your journey. Strive to engage in actions that are commendable in your own eyes and align with God's principles. Seek personal satisfaction in living according to His standards.

#### **Prayer Points**

Fill me with gratitude, Lord, for the path You've uniquely designed for me. (Psalm 139:14)

#### Confession

"In Christ, I embrace gratitude for my unique journey, trusting His guidance. Amen." (**Proverbs 3:5-6**)



# MAKE TIME TO HEAR GOD



"Step out of the traffic! Take a long, loving look at me, your High God, above politics, above everything." (Ps.46.10 MSB).

Speaking in Luke 10:41-42, Jesus addressed Martha, yet His message applies to all believers. Many find themselves overwhelmed and busy, neglecting fellowship with God. Complaints about insufficient time are common, but God, who ordained time, deems it sufficient. The core issue lies in human mismanagement, investing time in irrelevant pursuits. Wisdom advises, "Do things that matter most in the end."

#### How to Make Time for God:

Willingness: Decide and prioritize spending time with God. Prioritize in To-Do List: Arrange tasks with God at the top. Eliminate Time Wasters: Identify and cut off distractions.

#### Why Make Time for God:

Father-Child Relationship: God desires a deep relationship with us.

Divine Revelation: God, knowing all, reveals our true selves in His presence.

Divine Guidance: God holds a purpose for us, guiding us in the right path.

Investing time with God isn't a waste but the best, most meaningful investment one can make.

Have a blessed day!

#### Prayer point:

1)God, help me make time for You in my busy life. (Psalm 27:8)

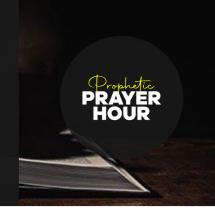
2)Lord, help me prioritize time with You amid life's busyness. Guide me to set aside moments for prayer and reflection, strengthening my connection with You.(Matthew 6:33)

#### Confession

"I seek God's face; my time with Him is a blessed investment, not a waste. Amen." (Psalm 27:8, Matthew 6:33)



# PRAYING IN THE STORMS OF LIFE



But Jesus reprimanded them. "Why are you gripped with fear? Where is your faith?" Then he stood and rebuked the storm, saying, "Be still!" And instantly it became perfectly calm.

The only thing that is constant in life is change, and this change could either be positive or negative. One thing is sure, we can't avoid these changes because we must experience both the good the bad and the ugly while we are here on earth. They are all part of God's plans for our lives (Romans 8:28). These negative changes often comes in form of storms, challenges etc., but what we do during this period is what differentiates us as believers from the world and it also shows how mature we are in Christ.

During the storms of life, it is human nature to start complaining, worrying, being fearful and most times the devil capitalizes on this to rob the believer of their blessings. During the storms of life it is very important we be still. This is quite difficult given the human nature but remember that complaining, worrying and being fearful never solves any problem. During the storms of life it is very important to keep your faith alive by praying. Prayer is our means of communication with God and only when we pray will God clam the storm. It was not until the disciples called out to our Lord Jesus that He responded.

Have a blessed day!

**Praver Point** 

Pray for the authority to command peace in the midst of life's storms, trusting that God can calm any situation according to His will. Mark 4:39

Lord, I pray for unwavering trust in you during life's storms Proverbs 3:5-6

#### Confession

"I confess that during life's storms, I will keep my faith alive through fervent prayer. Mark 4:39 reassures me that when I call out to the Lord, He has the power to command peace and calm the raging storms in my life."



### **SAY MY NAME**



Wherefore God also hath highly exalted him, and given him a name which is above every name: That at the name of Jesus every knee should bow, of things in heaven, and things in earth, and things under the earth; And that every tongue should confess that Jesus Christ is Lord, to the glory of God the Father. **Philippians 2:9-11 (NIV)** 

Do you know that Jesus goes by so many names? Some of them are listed below:

**Redeemer (Job 19:25).** The idea of redeemer comes from concept of "buying back" or "paying for" something or someone that was lost. Jesus has paid the price to buy us back, turning lives that would have otherwise been worthless into precious gold.

**Beloved Son (Luke 3:22, 9:35).** God declared publicly that Jesus was His beloved son during His baptism and the transfiguration. Not as a son He physically birth, but a most precious and beloved above all who inherits ALL the Father has. Since we are joint heirs with Jesus Christ (**Rom8:17**), then we are also co-inheritors. Halleluyah!

**The Prince of Peace (Is 9:6).** Prince connotes one who has full authority or even the ultimate source. He is indeed our peace **(Eph 2:14)**, who brought about reconciliation between God and man on the cross of Calvary.

The Word (John 1:1). We are introduced to the God- The Spoken word in the gospels, but was already in existence from the time of creation as God spoke to bring foth creation. What do you need to see created in your life. Speak the word according to God's will. He is very much present, from the time of creation in Genesis even till now.

**Son of Man (Matthew 20:28).** This was how Jesus referred to Himself quite often when He walked the earth. This is to identify with you and I. He was able to feel and go through what you and go through on a daily basis and so is not untouched by our daily struggles **(Hebrews 4:15)** 

**The Way, The Truth and Life (John 14:6)** Jesus is stating here when He made this statement that He is the ONLY destination to God and is the ONLY one who is the very essence and source of Ife. So, by coming to Him life in every formcan be gotten in abundance.

These are just a few of His names. So, in what manner or way do you need to say the name of Jesus? How do you need Him today? He is waiting for you to call Him just that with all sincerity of heart. **Have a blessed day!** 

#### Prayer point

\*Jesus, I call on you today as (mention how you need Him today), please show up for me.

#### Confession:

\*Jesus you are (mention how you need Him today). Thank you for being so!



### TAKING CONTROL OF YOUR MIND



And do not be conformed to this world [any longer with its superficial values and customs], but be transformed and progressively changed [as you mature spiritually] by the renewing of your mind [focusing on godly values and ethical attitudes], so that you may prove [for yourselves] what the will of God is, that which is good and acceptable and perfect [in His plan and purpose for you]. Romans\*\*

The battleground for every attack from the devil initiates in the mind. Conquering the believer begins with winning the battlefield of thoughts.

It is crucial to recognize that at the new birth, the spirit undergoes transformation, but the soul—comprising the mind and the seat of emotions—remains unchanged. Therefore, the soul"s transformation, requires collaboration with the Holy Spirit and intentional personal decisions and actions.

Our anchor scripture in Romans makes us understand that the first thing we need to do, to take control of our mind, is to decide to take a stand for God and to let go of every worldly mindset, which in turn affects our lifestyle.

Secondly, we need to know that the transformation of our minds is something that is progressive and takes time, it is not a one off or one-time thing. So, we need to be committed and consistent in taking control of your mind.

How do you take control of your mind and transform it?

- 1) You need to know that you can't do it on your own, so ask the Holy Spirit for help.
- 2) Constantly study God's word. Read your Bible, get messages and books that will help to build you up.
- 3) Don't neglect the assembly of other believers.

Have a blessed day!

#### **Prayer points**

Lord, grant me the willpower to resist the devil's schemes in my thoughts. (James 4:7)

Daily Bible Reading: Eph. 3

Ask the Holy Spirit for guidance in transforming your mind. (John 14:26)

#### Confession

My mind is daily renewed by the Holy Spirit. I stand firm in God's Word, resisting worldly influences. I commit to consistent growth, relying on the Holy Spirit for victorious living. (Romans 12:2)



## THE BREAD IN YOUR HAND



Then Jesus declared, "I am the bread of life. Whoever comes to me will never go hungry, and whoever believes in me will never be thirsty. John 6:35 (NIV)

In the old testament, certain people were asked what they had in their hands and those things in which they had were all used to create a miracle. Take a look at Moses at the Red Sea and the widow of Zarephath. We all have something in us as believers that God needs to work with to create our miracles.

As a believer, in recent times, I have come to realize that most people don't know who they are in Christ and what they have in Christ. One of the things we have in Christ is found in **Colossians**1:27b and as a result we are more than conquerors (**Romans 8:36**). But due to ignorance from lack of studying the word and meditating on it, we are being robbed blind and destroyed by the devil.

We have the most important person (God) in the whole universe living on the inside of us, and the Bible makes us understand that He is the bread of life. So start making use and taking advantage of what you have in Christ.

Have a blessed day!

#### **Praver Point**

Pray for a heightened awareness of Christ living within you. (Colossians 1:27)

Pray for the bold exercise of the authority given to you in Christ, that you may overcome every tactic of the enemy and walk in victory. (Luke 10:19)

#### Confession

"I declare that as a believer, I recognize the immense potential within me With this revelation, I boldly confess that I am more than a conqueror through Him who loves me (Romans 8:37). Despite past ignorance, I now grasp the truth of my identity in Christ.



### THERE'S TRIUMPH IN TRYING AGAIN



"For though the righteous fall seven times, they rise again." (Proverbs 24:16a)

The fear of failing often stops many people from embarking on projects. People hesitate to take on challenges because they are unsure and worry about the chance of failing again. For those who've failed multiple times, it becomes a strong belief that they are destined to fail in everything they do. This belief makes them think of themselves as failures, creating a negative self-image.

A great example of triumph through trying is seen in the story of Naaman, the Syrian captain. Picture this – if he hadn't heeded the advice of his servants and taken a dip in the river, he would have missed out on his healing. (2 Kings 5:8-16)

As believers, it's important to understand that Jesus Christ not only saved us but also showed us how to live. Failing or facing setbacks is a normal part of life, but the real problem is when we choose to stay down. Today, I encourage you to find the strength to get up again and try that project once more. Just like our Lord Jesus showed determination in tough times, your persistence can lead to success.

**Prayer Point** 

Lord, guide me in the path of courage and faith. (Psalm 23:3)

Heavenly Father, strengthen my spirit to face challenges with unwavering trust. (Isaiah 41:10)

#### Confession

Through Christ, I am more than a conqueror. His strength empowers me in every challenge. (Romans 8:37)







"Oh, taste and see that the Lord is good; blessed is the man who trusts in Him!" (Psalm 34:8)

God's promises are like a beautiful woven picture, but it's usually not a straight line between what He speaks and when it comes to pass. Trusting in God goes beyond just feelings; it's a decision to stay rooted in His plan. Trust doesn't make us immune to weakness or fear; instead, it's a decision to keep going God's way despite the glaring evidence that God's way isn't seemingly working.

When God's plan seems hard to understand or mysterious, that's when we step into what we call "Ugly Trust".

To trust God doesn't mean you'll know exactly what he's going to do every step of the way. This form of trust is akin to walking in darkness, guided not by our sight but by an unyielding belief in the unwavering faithfulness of God. It's a surrender of the need for constant assurances, stepping into the mystery of His plan with a heart that says, "Even when I can't see, I trust." It is this blind trust that transforms our journey of faith into an adventure, where each step is a testimony to our reliance on a God whose wisdom surpasses our limited understanding

Ugly Trust isn't about being completely sure; it's about:

Trusting God through the demands of Life (Isaiah 41:10)

Trusting God when a longing is unfulfilled (Psalm 37:4)

Trusting God when there's no way out (Jeremiah 32:27)

Trusting God through bad news (Proverbs 3:5-6)

Trusting God when life's not how you pictured it (Proverbs 16:9)

Trusting God no matter the outcome (Romans 8:28)

Trusting God when you've messed it up (1 John 1:9)

Trusting God even when you're afraid (Psalm 56:3)

#### Prayer point

Father, strengthen my trust in Your plans and guide me to boldly step into Your will (**Proverbs 3:5-6 NIV**)

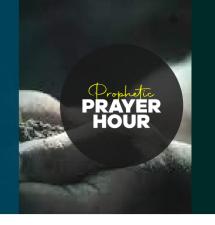
Lord, grant me the strength to trust You in the midst of life's demands, unmet desires, and challenging situations. (Isaiah 41:10 NIV)

#### Confession

I confess that God's promises anchor me. Choosing to trust him, I declare faith in His perfect plans, believing in the power of His Word to guide and sustain me.



### WHEN IT FEELS LIKE GOD IS DOING NOTHING



"Wait for the Lord; be strong, and let your heart take courage; wait for the Lord!" (Psalm 27:14 NIV)

Are you facing challenges—be it at work, in relationships, or financial struggles? It feels like an inescapable pit. Despite seeking God, His presence seems elusive, and solutions are unseen.

In tough times, Satan strives to divert our focus from God's work. Amidst the chaos, he urges attention on visible troubles, overshadowing God's silent efforts behind the scenes.

Draw inspiration from Abraham and Sarah's longing for a child, Joseph's challenges in Egypt, and more. God's intricate work continued amid Sarah's infertility, Jacob's fear of Esau, Joseph's betrayal, and the Israelites' oppression by Pharaoh. In moments of barrenness, fear, betrayal, and oppression, God's unseen hand orchestrated a divine plan.

In seasons of apparent divine silence, finding hope becomes a journey of endurance and trust. The Bible assures us of God's faithfulness and purpose, even when immediate relief isn't visible. Contemplate these scriptures, understanding God's perfect timing, plans for your well-being, and faithful promises. Silence may foster growth, strength, and a deeper comprehension of His sovereignty.

Have a blessed day!

#### **Prayer Points**

Father, I need strength in difficult times. Let me not be fearful but remember You are with me even when I forget. (Isaiah 41:10)

#### Confession

"The Lord is my light and salvation; I am fearless, finding strength in Him alone." (Psalm 27:1)



# YOUR PRAYERS CREATES MIRACLE



The earnest prayer of a righteous person has great power and produces wonderful results. James 5:16b (NLT)

There are reasons why we pray and never get results. These could include: praying amiss, praying without faith but most importantly, when some of us pray, we already expect God to answer through a certain person or means, and some of us go as far as trying to help God.

First thing we need to understand is that prayer is communication between you and God, secondly when you pray have in mind that your job is to pray while God's job is to answer. It's just like taking medication, your job is to take the medicine after which you have nothing else to do. That's the same way prayer is. I want you to know that while you are praying God is working, even when you are not seeing it and your prayers will always lead to a miracle, just like when we take those pills, it heals and rejuvenate our health.

Have a blessed day!

Prayer point

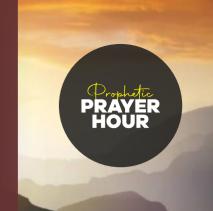
Lord, help me to pray in alignment to your will. 1 John 5:14

Confession

I will communicate daily with my God having faith that he hears me and will perform miracles (Philippians 4:6-7)



### THERE'S TRIUMPH IN TRYING AGAIN



For though the righteous fall seven times, they rise again." (Proverbs 24:16a)

In the book of Genesis, Chapter 26 Isaac exprienced famine in the land which he was in. This was the same land his father, Abraham had actually exprienced famine too. The Lord had instructed Isaac to remain that same land and had promised Isaac that he will prosper in the same land.

Looking around at the current situation where there was famine, this promise of God didn't look feasible. In addition, there was also the challenge of conflict with other land owners, who stopped Isaac's well. Isaac didn't give up or get discouraged, he continued to dig wells until these men stopped coming. The bible records that Isacc was prosperous and even continued to prosper.

When life throws challenges at you, don't give up. Just ensure you are in the will of God and stand your ground firm. Please keep at it and you will surely triumph again.

Have a blessed day!

#### **Prayer points**

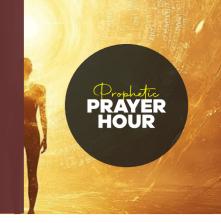
\*Lord, grant me the strength and staying power to stay triumph even during trying times.

#### Confession:

\*I will not give up, rather I will try and try again until I see my victory.



### AWAKENING THE DIVINE WITHIN



Know ye not that ye are the temple of God, and that the Spirit of God dwelleth in you? (1 Corinthians KJV)

Our anchor verse serves as a powerful affirmation of the sacred connection between our individual selves and the divine. It invites us to recognize the divine inherent in each person—a sanctity rooted in the indwelling of God's Spirit.

So, awakening the divine within is like realizing you have something really special inside you – God right there on the inside of you. The challenge now is that most people go through life without this realization.

God Himself made a very profound statement in (Hosea 4:6), many believers are perishing not because the devil is powerful or on the rampage nor is it because we are in the last days but they are perishing simply because of lack of knowledge. A lot of believers are ignorant about who they are in Christ and what they have in Christ, in these last days if are always going to be on top, you need a sound knowledge of who you are in Christ and what you have in Christ but you also need to have a deep understanding of it, which will lead you to having a revelation which brings about conviction.

How do you awaken the divine within?

- 1) constant study of God word and acting upon it
- 2) praying in the holy ghost: Jude 1:20.
- 3) constant fellowship with the believers: proverbs 27:17

Prayer point

Daily Bible Reading: Col. 1

Grant us knowledge to awaken the divine within, O God. (Hosea 4:6) Lord, reveal the divine within us, rooted in your Spirit. (Ephesians 1:17



### OVERCOMING NEGATIVITY



"A cheerful disposition is good for your health; gloom and doom leave you bone-tired." (Proverbs 17:22 (MSG)

Science says an average person has about 60,000 thoughts per day. That is an average of 2500 thoughts per hour. Insane right? Some of these thoughts are mundane and repetitive, some are positive and some are negative. Negative thoughts can tear you down both physically and mentally. People tell us don't think negatively, "Be positive"!!! The question here is, "How am I supposed to do that?" Nobody decides, "Oh today or for the next hour, I want to be negative and tear down myself." It just doesn't happen.

Negative thoughts will always come because, as humans the one thing we would always do is be human. When these thoughts come, do not dwell on them at all. Apostle Paul already told us what to do in **Philippians 4 Vs 8.** It says "

Negativity can destroy a lot of goodies that is supposed to come our way and then we blame our village people. Sometimes our thoughts are the village people because good things cannot settle in a negative environment. Finally, when you catch yourself having these thoughts and are overwhelmed, think, if Jesus was sitting beside me and my thoughts were playing on a screen, would he be happy with these thoughts?

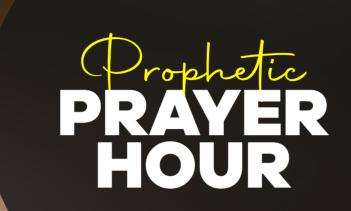
#### **Prayer points**

Lord help me overcome every negative thoughts and ruminate on only good things (Philippians 4:8)

#### Confession

While negativity may come, I refuse to dwell on them. I choose to be positive and bring into captivity every thought to the obedience of Christ. (2 Corinthians 10:5)





Join Us Online On MONDAYS - FRIDAYS 5:50am W.A.T

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- www.freshstartdevotionals.org
- admin@freshstartdevotionals.org
- **+** 234 907 353 4238